

THE SEASON OF LENT

Ash Wednesday Service

Wednesday, February 10, 7:00 PM

Ash Wednesday begins the season of Lent, the period between Ash Wednesday and Easter. Traditionally we observe Lent with fasting, prayer and other spiritual practices. This year we will have the opportunity to immerse ourselves more deeply in Centering Prayer, a spiritual practice we are invited to learn about and practice in a workshop on Saturday, February 6th. All of the Lenten practices are meant



to help prepare us for the events of Holy Week, that we might experience them with a quiet and open soul. Ash Wednesday marks Lent's beginning. The ashes, made from the burning of last year's Palm Sunday palms, are a biblical sign of penance. We will offer each other this sign in a



SAVE THE DATE
Ash Wednesday
Service

February 10 7:00 PM Ripley Chapel Worship Service at 7:00 PM on Wednesday, February 10, in Ripley Chapel. The service includes several readings to deepen our understanding of ashes in our Christian tradition. We will offer the sign of the cross in ashes to those who desire it. The service is planned to be about a half-hour so Ministry Meetings can start on time.

REACHING OUTWARD

Sharing Ashes with the Community

Wednesday, February 10 @6:20 AM Winchester Center Train Station

The Ministry Team will be offering ashes to Winchester commuters at the train station on Ash Wednesday, February 10th. We invite members of the congregation to join us as we offer free coffee to all, and a blessing, with or without ashes, to those who desire it. We aim to be at the Winchester Center station for the trains from 6:46 AM through 7:46 AM You can join us there or come to the church around 6:20 and help us carry the coffee and supplies to the station. We've done this before and it has turned out to be a surprisingly jolly event. Warmth is key—in your clothing, your smile and your heart.

DIACONATE

The Deacons Need You!

Seeking to grow in faith and service? God may be calling you to become a Deacon! Deacons are lay spiritual leaders who support the ministry team in preparing for and welcoming people to worship, and plan other activities to enhance the community's collective spiritual life. The commitment is typically two Sunday mornings and one evening meeting per month. The diaconate is looking to welcome three new deacons to serve with us for the three-year period from

CONTINUED ON PAGE 3

THE FIRST CONGREGATIONAL CHURCH IN WINCHESTER

An Open and Affirming Congregation www.fcc-winchester.org
Church Phone Number: 781-729-9180

Senior Staff

The Congregation, Ministers to the World

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Officers

Moderator—Penny Sparrow
Treasurer—Elizabeth Cooper
Assistant Treasurer—Keith Russell
Clerk—Anne Hoenicke
Librarian—Leslie French
Historian—Bill McCarter
Delegates to MBA—Bill McCarter,
Laurie Roby, Jena Roy
Spire Editor—Nancy Kneiss

Have Something to Share?

Don't be shy! If you would like to contribute to *The Spire*, please send your submissions to **newsletter@fcc-winchester.org** by the 15th of each month. For example, to include an article in the March issue, please submit by February 15th. Please note that submissions may be gently edited for length and clarity.

Bulletin and email blast requests should be sent to Sarah Marino, our Office Manager, at first.congregational@verizon.net by **Thursday at 9:00 AM**.

—Nancy Kneiss, Editor

Our purpose is to be a

Christ-centered, nurturing community,
growing in faith, serving in love,
welcoming all with joy.

NCIS: New-Comers Inquiry Session

Sunday, March 6, 11:30 AM

New to First Congregational Church? If you'd like to learn more about our community, or are interested in becoming a member, please join us for an informal sharing and informational session immediately following worship on Sunday, March 6th. Please speak to one of the ministers or let Sarah in the office know at first.congregational@verizon. net if you are interested, and if you will



SAVE THE DATE New-Comers Inquiry Session

> March 6 11:30 AM

need childcare. The gathering will last about an hour. Please join us!

Healing in the Season of Lent

"Oh, I get by with a little help from my friends."

—The Beatles

Dear Friends in Christ.

How the rhythms of the church calendar are moving us forward from Advent and Christmas, through Mid-Winter Worship and now preparations for Lent! This year, the Health Ministry Healing Service is **February 28th**. After worship, the ministers, deacons and interested members will visit congregants in the community to share the Good News. The scripture for the worship service is Jesus heals the paralytic man, a familiar gospel with accounts found in Matthew, Mark and Luke.

The story tells of four friends who would not be dissuaded by obstacles. They were believers of Jesus and determined to take the paralytic man for healing. God used their faithfulness as a vehicle for change. And, isn't that the way it often happens? Faced with life's big challenges, we experience spiritual, emotional and psychological paralysis or find ourselves frozen in grief and helplessness. It's the trusted

word or text from a friend that breaks through to us with clarity, strength or assurance.

The three gospel accounts offer little information about the paralytic man. Was he a seeker? Did he need to be convinced to go? Was travel involved? What we do know is that the entourage encountered a crowd entranced with their own assorted agendas and not willing to step aside to offer entry. So, the four friends next found themselves digging through the roof to lower their friend on his mat. Jesus witnessing their faith removed a frequent obstacle to healing by saying, "Son, your sins are forgiven." As a sign, he instructed the man to "Take your mat and go home." Praising God, the astounded crowd was no obstacle to the man's departure.

Hanging in the National Gallery of Art in Washington, D.C. is a Netherlandish 16th Century painting of this gospel. The anonymous artist depicts



the blessings of forgiveness. The healed man is restored to wholeness with strength and ability, free of old baggage. Jesus can be seen healing and teaching in the open. And as one might expect, the four friends are actively repairing the damaged roof.

Let your faith be an occasion for healing this Lent. Follow the example of the four friends by inviting a person that you live with, work with or call a friend to join you for the healing service. Come to our sanctuary of believers, as we share the Good News, seek forgiveness and pray for healing. Blessed be.

—Kathleen Zagata, Minister of Congregational Health and Wellness

The Deacons Need You! CONTINUED FROM COVER

2016 through 2019. If you are interested in exploring the possibility, please reach out to any current deacon listed below to learn more. We look forward to talking with you!

—Your Deacons: Lisa Loughlin (Lisa3abp@aol.com), David Peretti (PerettiDm@gmail.com), Tom Roche (Tom.Roche8@gmail.com), Teresa Cader (Teresa.Cader@gmail.com), Maria Fernando (MaF6538@lycos.com), Wendy Procops (WaProcops@gmail.com), Andy Gallop (Andrew.Gallop@verizon.net), Jena Roy (JenaRoy@aol.com), Jennifer Wilson (JsamsWils@aol.com)



Did you know?

Sunday worship services are recorded each week. CDs may be borrowed and signed out from the church office.

Stewardship Campaign Update

We are truly blessed! We are happy to report that 124 pledges have been received totaling over \$503,500. If you have already pledged, thank you for your generous and joyful giving. If you haven't pledged, then please take a moment to fill out a pledge card and mail it to the Church care of Elizabeth Cooper, Treasurer, or just drop it off with the offering on Sunday. You can also send a confidential email with your pledge amount to first.congregational@verizon.net.

Please do not hesitate to contact any of the members of the Financial Resources Ministry if you have any questions.

Budget Hearing

Sunday, January 31 after worship

How does the church spend its money? Are there surpluses or shortfalls? Please come hear from our Treasurer, Elizabeth Cooper, on how things are shaping up for this year. This will be an informal meeting with plenty of opportunity for questions, comments and discussion. The budget hearing will be followed by a congregational meeting on Sunday February 7th, again right after worship, where we will vote as a community on the proposed budget. Please plan to join us!

February Ruth Group

The February meeting of the Ruth Group will be held on **February 28th at 7PM** at the home of Anne Hoenicke, 12 Sheffield West. We will be discussing *The Nearest Exit May Be Behind You* by S. Bear Bergman. All women of the church are invited—new members welcome! For additional information or a ride please contact Joyce Mills at 617-835-4692 or joycemills1966@hotmail.com.

SAVE THE DATES



Saturday, March 19, April 9, and May 14 4:00 in the Sanctuary

OUTREACH

New Dwelling Place Stove Ready To Be Fired Up

The new 10-burner commercial gas stove at The Dwelling Place, the soup kitchen at the Woburn United Methodist Church, is ready to be fired up and used for cooking meals for individuals and families in need of a hot meal.

Just after the New Year—and a little over a year since the old gas stove exploded—the stove, ventilation, and fire suppression systems passed the last of the numerous inspections required to certify that the stove is safe and ready to use. After completing a brief training on how to use the stove and ventilation system, the members of the fourteen groups that serve at The Dwelling Place will be able to start cooking again.

First Congregational Church's own Jon Lawton served as general contractor for the stove replacement project, working to find ways to keep expenses within budget and dealing with rigorous commercial-grade fire and safety codes. Thanks, Jon!



The new stove at the Dwelling Place!

Thanks also go to the FCC Outreach Ministry for grants supporting the project and to individual members of our church for their donations. A celebration is planned in February to dedicate the stove and to thank everyone who contributed to the project.

A Call to Us from the Massachusetts Conference of the UCC

Being Church at First Congregational in Winchester also means being connected to a wider fellowship of people in our denomination, the UCC. Here in Massachusetts, we are blessed with one of the most active and faithful conferences in the country. Being a part of the wider church means having the encouragement and resources to respond to broader and further flung issues that we see immediately around us. As a case in point, our state denominational office is encouraging us to join with them in responding to the tragedy in Flint, Michigan by offering emergency aid, making calls to both Governor Snyder and President Obama, and praying for the people of Flint. This disaster strikes at the heart of all three of the UCC's justice commitments—environmental, racial, and economic. For more detailed information for how to give, who to call and what to say please go to www.macucc.org and click on "Bring the Water of Relief and of Justice to Flint."

FCC Artist's Work on Display

Currently hanging in Chidley Hall are four preparatory study paintings for a full-building wrap-around mural installation on a Rosa Parks Boulevard building in North Nashville, Tennessee. Created by our own Karen Swyers, the paintings are part of the North Nashville Mural Project, and reflect the beauty of the people in that neighborhood. Two of the paintings on display are the final preparatory studies for the murals completed in October 2014, and were funded by the Cradleboard Foundation. Karen worked with students of Fisk University, and volunteers of

the neighboring Food Bank and Saint Paul's Church. Well done, Karen!



Seeking a Treasurer

The Leadership Team has begun the process to look for a volunteer from our church community to serve the purpose and mission of our church as the new church Treasurer. Elizabeth Cooper, who has served us so well during a remarkable period for our church, has asked to be replaced effective at the 2016 Annual Meeting in the spring. The Leadership Team has assigned the task of recruiting a new Treasurer to Dick Sayre, Bruce Alexander and Rev. Will Burhans.

Elizabeth has worked with us to clarify the role of the Treasurer, how she/he collaborates with the Office Manager and the Bookkeeper and how the Treasurer should be integrated within our new church structure, especially the Leadership Team and the Financial Resources Ministry. Elizabeth has begun the steps to develop the 2016 church budget and will see that through to the annual Church Budget Meeting in February. She has also agreed to continue as Treasurer until her replacement is elected.

Our goal is to identify a candidate Treasurer and to have that person begin to work with Elizabeth during the spring in order to be prepared to take over. In keeping with our congregational practices, the volunteer will need to be nominated and elected by the congregation at the Annual Church Meeting before assuming the duties fully.

If you or someone you know would be a good candidate, or if you have any questions about the position, please contact any one of us. Given the importance of this position in the life and functioning of our community, we would greatly appreciate your prayers for the right person to feel moved by the Spirit to step into this call!

Also please express your thanks to Elizabeth who has been such a diligent and prudent steward of our finances during a period that included the departure of Skip Waterbury, the interim pastorate of Marlayna Schmidt, and the call for our new Lead Pastor, Will Burhans. Elizabeth's enthusiasm and dedication to the success of First Church has been absolutely wonderful.

—Dick Sayre, Bruce Alexander, and Rev. Will Burhans

February 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:20 AM J2A Class - 9th & 10th Grades 9:20 AM MWW Discussion Groups 9:20 AM Rite 13 Classes - 7th & 8th Grades 9:20 AM Stepping Stones (Church School) 10:15 AM MidWinter Worship 11:00 AM Worship Committee 11:30 AM Budget Q&A Session 11:30 AM Flower Committee Project 11:30 AM Outdoor Church 4:00 PM Girl Scouts 4:00 PM Gril Scouts 7:30 PM FORUM (High School) 7:30 PM Men's Group: Special Date Change	1 7:00 PM Carilloneers	2 7:30 PM Boy Scouts	3 8:30 AM Men's Coffee & Conversation 10:00 AM FAN Toddler Playgroup 10:00 AM Ministry Team Meeting 7:30 PM Deacons	4 7:30 PM Choir Rehearsal	5	6 PRAYER 8:30 AM Centering Prayer Workshop
7 Chili Sale Souper Bowl Transfiguration Sunday 10:00 AM J2A Class - 9th & 10th Grades 10:00 AM Rite 13 Classes - 7th & 8th Grades 10:00 AM Worship: Communion 10:15 AM Stepping Stones (Church School) 11:30 AM Budget Vote 4:00 PM Girl Scouts 7:30 PM FORUM (High School)	8 7:00 PM Carilloneers	9 6:30 PM Tuesdays with Jesus 7:30 PM Boy Scouts 7:30 PM Mission & Outreach Ministry	Ash Wednesday 6:20 AM Sharing Ashes with the Community 8:30 AM Men's Coffee & Conversation 10:00 AM FAN Toddler Playgroup 10:00 AM Ministry Team Meeting 7:00 PM Ash Wednesday Service 7:00 PM Bible Study 7:30 PM Facilities Ministry 7:30 PM Personnel Ministry 7:30 PM Personnel Ministry	11 6:30 PM Health Ministry 7:30 PM Choir Rehearsal	12	13
14 10:00 AM Worship: First Sunday of Lent 4:00 PM Girl Scouts 4:00 PM Sounds of Grace	15 Office Closed Presidents' Day School Vacation Week SPIRE DEADLINE 7:00 PM Carilloneers	16 School Vacation Week 6:30 PM Tuesdays with Jesus	17 School Vacation Week 8:30 AM Men's Coffee & Conversation 10:00 AM FAN Toddler Playgroup 10:00 AM Ministry Team Meeting 7:30 PM Worship Committee	18 School Vacation Week 7:30 PM Choir Rehearsal	School Vacation Week	5:00 PM The Dwelling Place
21 10:00 AM J2A Class - 9th & 10th Grades 10:00 AM Rite 13 Classes - 7th & 8th Grades 10:00 AM Worship: Second Sunday of Lent 10:15 AM Stepping Stones (Church School) 11:30 AM Leadership Team Meeting 4:00 PM Girl Scouts 7:30 PM FORUM (High School)	7:00 PM Carilloneers	23 6:30 PM Tuesdays with Jesus 7:30 PM Boy Scouts	24 8:30 AM Men's Coffee & Conversation 10:00 AM FAN Toddler Playgroup 10:00 AM Ministry Team Meeting 7:30 PM Purpose Forum	25 7:30 PM Choir Rehearsal	26	HABITAT Project 8:00 AM Habitat for Humanity Work Day
28 10:00 AM J2A Class - 9th & 10th Grades 10:00 AM Rite 13 Classes - 7th & 8th Grades 10:00 AM Worship: Health Ministry Sunday and Visitation 10:15 AM Stepping Stones (Church School) 4:00 PM Girl Scouts 4:00 PM Sounds of Grace 7:00 PM Ruth Group 7:30 PM FORUM (High School)	7:00 PM Carilloneers	1 6:30 PM Tuesdays with Jesus 7:30 PM Boy Scouts	2 8:30 AM Men's Coffee & Conversation 10:00 AM FAN Toddler Playgroup 10:00 AM Ministry Team Meeting 7:30 PM Deacons	3 7:30 PM Choir Rehearsal	4	5

Centering Prayer Workshop

Saturday, February 6th | 8:30 AM - 12:30 PM

"How do we become still and know that God is? And know God? It is a question of discipline, it is about practicing silence, stillness and simplicity"

—Laurence Freeman OSB



SAVE THE DATE Centering Prayer Workshop

February 6 8:30 AM-12:30 PM Join us on Saturday, February 6th for a workshop on exactly how to practice silence, stillness and simplicity and thereby know God more fully in your life through the meditative discipline of Centering Prayer. A few hours together will teach you a method for meditation that you can then practice this Lent and maybe

throughout your life.

Leading the workshop will be Mark Kutolowski who is a lay Oblate of Saint Benedict, a retreat master and teacher in the Christian contemplative tradition. Mark has been practicing Centering Prayer since 1998, and teaching contemplative spiritual disciplines since 2003. Mark also leads workshops in the intersection of spirituality and nature, and works as a wilderness guide.

Note to parents: Please let us know if you need childcare during the workshop and we will make it available!

Please contact Rev. Will to learn more about this opportunity and let Deacon Teresa Cader know if you are interested in attending by calling or emailing her at Teresa.cader@gmail.com or 781-863-0166. Also, let us know if you need childcare.

Schedule for the day:

8:30-9:00 AM Gathering, coffee and bagels 9:00 AM-12:00 PM Centering Prayer workshop

12:00-12:30 PM Lunch and closing prayer

12:30-1:30 PM Optional session on The Welcoming

Prayer (a practice of centering prayer as applied to situations of stress in our lives)



Tuesdays With Jesus

February 9, 16, 23 March 1, 8, 15, 22

"Be still and know that I am God." —PSALMS 46:10

"And he was known to them in the breaking of the bread."

—Luke 24:35

Instead of giving something up for Lent, how about taking on a spiritual practice to help you grow in relationship with Christ and fellow disciples?

During the weeks of Lent (plus one), we will gather each Tuesday evening for 30 minutes of centering



SAVE THE DATE Tuesdays With Jesus

Tuesdays in Lent 6:30-8:00 PM

prayer, followed by a simple meal and family worship together. All ages are welcome! We will offer an alternative activity for children during the prayer time. Don't worry if you can't make it to the workshop on Saturday, February 6—Will will guide us through the basics. Come once or every week! Jesus is our host; there is always room in the circle and at the table. All you need to bring is an open mind and heart. Questions, comments, enthusiasm? Contact Will Burhans (iwillb@fcc-winchester.org or 781-729-9180) and/or Jena Roy (jenaroy@aol.com or 617-480-2558).

Schedule for the evening:

6:30-7:00 PM Centering Prayer 7:00-8:00 PM Breaking Bread

An Event I Cannot Remember, But Will Never Forget

Our congregation is expanding our practice of sharing our faith stories in worship and in our communications with each other.

Testimony can come in many different forms, such as stories, poems, readings, songs, or reflections of any kind. This month, David Page kindly offers his testimony from a recent Midwinter Worship service. What's your faith story? Let us know at newsletter@fcc-winchester.org or speak with Will or Judy about the opportunity to share your testimony in worship.



We all love to tell stories, especially about ourselves. I would like to describe an event that I cannot remember, but will never forget. I was four months old at the time, so I have no memories of the event. Instead I pieced things together from a conversation with my mother—93 years young—and a 59-year-old document that I pulled out of our safe-deposit box at the Bank of America a couple hundred yards from where we are presently gathered. A document that my parents always kept secured, and then passed on to me for safekeeping—a document that I never really examined until yesterday.

"This certifies that David Conrad Page Child of Conrad Merlo Page, Jr. And his wife Martha Conley Was baptized in Fishing Creek, Pennsylvania Salem Evangelical United Brethren Church"

...a small country church, ¼ mile and one farm down the Valley Road from the home in which I was raised. Continuing...

"On the 18th day of November in the Year of Our Lord 1956 In the name of the Father, and of the Son, and of the Holy Ghost Signed, Donald A. Misal, Pastor"

A web search reveals that Don Misal, who baptized me, was a student minister, in the fall semester of his junior year at Lebanon Valley College. He would not begin seminary studies until two years later and he would not be ordained until 5 years later—remember, this was a small country church.

A telephone call with my mother, last evening, filled in some important details: What was I wearing? A perky green and white outfit—not a formal baptismal gown—as my mother recalled to her chagrin. She also recalled, gleefully, that when Pastor Misal put water and his wet hand on my head, I turned and smiled toward the choir, which led them to burst out laughing.

Of course I can't remember any of this on my own, but with a little help from my mother, my family, and this community of faith, I will never forget what it signified. It was not the baptism per se, but the

seriousness with which my mother Martha and my father Conrad dedicated themselves to raising me within the life and community of that simple country church that has made all the difference in my life, and in my faith. And so I share with you this story of an event that I cannot remember, but will never forget. I look forward to witnessing another child's baptism today, and renewing the vows that my parents made on my behalf so many years ago.

God is Always in the Garden



the garden sleeps, waiting,
frozen in the ground, dormant
Everything in its season, in God's time
waiting for new light, new life,

Deep in slumber, under the weight of the snow

the warming of a new season of growth

The charting of a new course, a new chapter
in the story of life, the life of creation;
all while the garden sleeps

—Author unknown

Walking Through the Valley of the Shadow

While T.S. Eliot writes, "April is the cruelest month", some of us would argue that February vies for that distinction. The freezing, wintry blasts that have us gripping our coats, scarves, and hats close

to our shivering bodies, the never-ending gray days calling for us to add more lights to our growing lamp collections in every room of the house, the bone-chilling wet snow that finds its way into our "water-proof" boots, the stinging crystals of ice forming around our noses: Ah, February, why is it that although you are the shortest month, your days seem to stretch on forever?

While the outer landscape can seem desolate, it is more difficult to find our way through the inner landscape of depression that sometimes settles into our spirits as Ash Wednesday introduces us to the Lenten season. How can we help each other to

negotiate this landscape, offering each other companionship through the "valley of the shadow" that may appear now, or unexpectedly in any other season of our life?

Here are some ideas to ponder as we learn to be with those for whom depression has appeared.

Try to simply be there with another. We need not probe or offer advice or talk too much. Our presence during a time of intense despondency affords

mute evidence of our care. While we should not indulge in her or his self-pity, we need not condemn it. Recognize that this person needs empathy and understanding, not more judgment.



How can we help each other to negotiate the landscape of depression?

Be encouraging, but do not argue with the negativism or defeatism. Try to be gentle and understanding, even when the person resents your being faithful. Try to help guide thinking and conversation toward others' lives and interests and ways that we might be efficacious together. Being of some simple service in the world offers hope to the hopeless. But we must not expect too much of the person, or the weight of that responsibility may add to the depression.

We can try to engage the person in an activity with us. There is much to be gained by body motion, stimulating the heart, activating the glands, and speeding the blood flow. Offering

> to take the lead in this can help show we care enough to include this person in life-giving movement, be it a walk, a class, or just a trip outside the house.

> While we hold the "Christ-light" for this person, we must try not to flood them with so much "cheerful light" that they are blinded by it. Be willing to enter his or her feelings first, being gracious, gentle, tender, and slow in offering suggestions. Hold still with the faith that waiting with someone is itself a gesture of hope.

We must be willing to spend time with him or her, knowing that love is patient and enduring. Spending time with another offers reassurance that he or she is cared

for and worthwhile. We are showing each other that it is our very being that is beloved of God, not just our accomplishments and efficacy. We can pray together that God will show us a way through the valley, allowing us to trust life again.

—Rev. Dr. Ken Orth, Pastoral Counseling and Spiritual Direction Affiliate

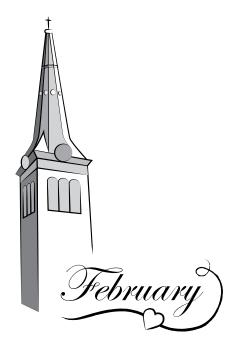


THE FIRST CONGREGATIONAL CHURCH IN WINCHESTER

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We Need You!

Do you have an hour, an evening, or a weekend to give? Here are a few opportunities to serve your church and community.

Habitat for Humanity Work Day

Saturday February 27

Please join us for a build day at our site in Lawrence. All adults and youth age 16 and up are welcome. Please contact Doug Taylor at 781-729-6258 or mccall.taylor@verizon.net for more info.

The Facilities Ministry Needs You!

Interested in making our church a more attractive, comfortable, and welcoming place? Please consider sharing your talents and ideas by joining the Facilities Ministry. For more information, please contact John Crabtree at 781-862-3540 or jcrabmail@gmail.com

Offering Ashes at the Train Station

Ash Wednesday, February 10

Can you join us as we offer coffee and blessings, with or without ashes, to commuters who desire them? Please read the article on the cover for more information.

Join The Diaconate!

Seeking to grow in faith and service? God may be calling you to become a Deacon! See the cover article for more details.



Snowflakes are one of nature's most fragile things, but just look what they can do when they stick together.