

# Order of Worship

## Gathering Music

*Little Partita for Lent*

James Woodman (b. 1957)

## Welcome

Rev. Judy Arnold

## Prelude

*Aus tiefer Not schrei ich zu dir*

Heinrich Scheidemann (1595-1663)

## Call to Worship

Ben Pulaski

One: God calls us to love our neighbor as ourselves;

**All: the one who is weak and the one who is strong,**

One: the one who is happy and the one who is sad,

**All: the one whom we understand and the one we don't,**

One: the one who is embraced and the one who is shunned,

**All: the one who is like us and the one who is different.**

One: Come, let us worship together!

**All: We come, trusting God's abundant love!**

## \*Processional Hymn

*Rejoice, You Pure in Heart*

New Century Hymnal #55

## \*Gathering Prayer (Rachael Keefe)

Kathleen Zagata

**God of the empty tomb and the Emmaus road, awaken us and open our lives to your presence. We long to step fully into new life and to recognize you in all whom we meet. As we come into your presence, remove from us all that separates us from our neighbors. Show us how to be your people, a people of radical hospitality, a people welcoming all human differences knowing that in you we are all made perfect. We come before you ready to leave behind darkness and emptiness, willing to have our eyes opened to seeing you in the faces around us. Meet us here as we worship you that we may experience the transforming power of your love. We pray as Jesus taught us:**

**Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread and forgive us our sins as we forgive those who sin against us, and lead us not into temptation, but deliver us from evil. For thine is the kingdom and the power and the glory forever. Amen**

## \*An Act of Praise

*Gloria Patri*

PH #513

**Glory be to the Creator and to the Christ and to the Holy Ghost; as it was in the beginning, is now and ever shall be; World without end, amen, amen.**

## A Time for the Young

Ben Pulaski

## \*Hymn

*"Take Up Your Cross," the Savior Said*

New Century Hymnal #204

## Offertory

*Lord, for thy Tender Mercy's Sake*

Music by Richard Farrant (c. 1525 –1580)

Text from *Christian Prayers and Holie Meditations* by John Bull (c. 1562 – 1628)

Lord, for thy tender mercy's sake,

Lay not our sins to our charge.

But forgive that is past,

And give us grace to amend our sinful lives.

To decline from sin, and incline to virtue,

That we may walk in a perfect heart,

Before thee now and evermore.

Amen.

## \*Doxology

**Praise God from whom all blessings flow, Praise God all creatures here below,  
Praise God above you heavenly host, Creator, Christ and Holy Ghost. Amen.**

## Scripture

Psalm 22: 1-11; 25-31

Mark 8:31-38

Liturgist: Paul Rahmeier

OT pg. 500, LP OT pg. 432

NT pg. 44, LP NT pg. 38

## Sermon

Rev. Judy Arnold

## A Litany of Naming

Leader: We name the gifts and the often-unnamed experiences, which come to those who live with a mental illness such as major depression, bipolar disorder, anxiety disorder, schizophrenia, and addiction. We name:

**People: The Hope which upholds our spirit through honest sharing;**

Leader: The Pain when people turn away because of fear;

**People: The Courage to speak in a safe place the way that Jesus spoke truth with love;**

Leader: The Strength from being with others who listen compassionately;

Leader: The Isolation that comes when no one knows what to say;

**People: The Realization that mental illnesses and brain disorders can be managed;**

Leader: The Exhaustion that comes with living with a mental illness as well as for those who are caregivers;

**People: The Welcome of mental health as part of our church's ministry and outreach;**

Leader: The Wisdom that comes when we become educated about mental health; The Spirituality that comes when we walk alongside those who show both resilience and vulnerability in their lives affected by mental illness;

**All: We receive these gifts that we have named, those which are welcomed and those that are challenges. We come before you, our God, knowing we are not alone and that You will show us a way to be and to live.**

## Service of Prayer

During Lent, we have the opportunity to lift our prayers in light as well as in words. When invited, those who wish to may come forward and mark their prayers by lighting a candle. Should you desire to communicate your prayers in words to the congregation, blank index cards are provided in the pews for you to write a prayer on. Place the card in the baskets on the candle table, and they will be added to the prayer bulletin board in Chidley Hall. During the prayer time, we will sing "Jesus, Remember Me" as our prayer response.

Ostinato Refrain *Jesus, Remember Me*

Je-sus, re-mem-ber me when you come in-to your King-dom.

Je-sus, re-mem-ber me when you come in-to your King-dom.

## \*Closing Hymn

*In the Bulb There is a Flower*

New Century Hymnal #433

## Benediction

## Passing of the Peace of Christ

## Postlude

*Herr Gott, dich loben alle wir*

J.G. Walther (1684-1748)

# Meet Our Church

**First Congregational Church in Winchester, UCC, An Open and Affirming Congregation**

21 Church Street, Winchester, MA 01890

781-729-9180

[www.fcc-winchester.org](http://www.fcc-winchester.org)

[facebook.com/fccwucc](https://facebook.com/fccwucc)

Text FCCW to 22828 to join our email list

*We are a Christ-centered, nurturing community: growing in faith, serving in love, welcoming all with joy.*

The Congregation, Ministers To The World

Rev. William Burhans, Lead Pastor

Rev. Ms. Judith B. Arnold, Associate Pastor

Ms. Kathleen Zagata, RN, MS, CS, Minister of Congregational Health & Wellness

Ms. Jane Ring Frank, Minister of Music & Worship Arts

Mr. Ben Pulaski, Minister of Faith Formation: Children & Youth

Ms. Sarah Marino, Office Manager

Mr. Tyler Campbell, Sexton

Mr. Jeffrey Mead, Organist

Rev. Dr. Kenneth Orth, Pastoral Counselor (Affiliate)

# Welcome!

We are happy you have joined us today for worship.

We hope that in the coming hour of quiet, song, prayer, sacred scripture, and communal gathering, you will awaken more fully to God's presence in your life and the world around us.

## Restrooms

Restrooms are located down the stairs as you first enter the front doors of the church.

## Accessibility

We now have an inductive hearing loop for those whose hearing aids have Telecoil (ask your audiologist). Listening devices are also available in the back. For our coffee hour in Chidley Hall, an elevator is located out the doors to the right of the front chancel area and down the hall. Please ask a greeter if you need assistance.

## Childcare

Children are always welcome in the sanctuary! We appreciate the sounds of little ones among us. If you'd prefer, there are trained caregivers in our nursery on the floor beneath the sanctuary. Ask a greeter if you need help finding it.

## Family Room

There is also a comfortable room with water, sofas, chairs, carpet and a video link to the service for when you need more room to attend to your family. It is located just outside the doors to the right of the front chancel area.

## Children (Stepping Stones) and Youth Church School

Classes for children and youth in pre-k through 12th grade are taught during worship. Families begin the worship service together in the sanctuary. Children are then invited to join us at the front (if they are comfortable) for the Time for the Young. Afterwards, the children and youth are led to their classrooms by their teachers.

## Get connected!

Please tell us about yourself and/or request a prayer by filling out a Welcome/Prayer Request Card found in each pew and place it in the offering plate when it passes. We look forward to getting to know you at Coffee Hour, held downstairs immediately following the service.

**February 25, 2018**

Second Sunday in Lent

10:00 Worship Service

*People for Whom We Are Praying ...*

Marjorie Moore Diane Neth (Ken Orth's sister)	Recovering from surgery For courage and peace as she enters Hospice care.
Joe Harris (Kate Carpini's father) Bliss McCrum, Laura Bailey's step-father Family of Blanche Linehan (cousin of John Keeley)	For healing For courage and peace In their grief
Lucy Sanders	Continued healing & direction for Arthur & my future
Martha George Dory Cole Ogden, niece of Stephen W. Cole Jessica Brand	For courage and healing For healing For healing

*Please let the Deacons or Ministry Team know if you have someone to add or remove from this list.*

## Today's Worship Service

### Sanctuary Flowers

Today's Chancel flowers are given to the Glory of God and in loving memory of Sally Finn. The Narthex flowers are given in honor of her mother, Mrs. W. Haven Sherburne, both by Mr. Jay Finn.

### Notes on this morning's music:

During the Renaissance, English composers created a huge body of absolutely magnificent choral music – a repertory that held its own against any European country of the period. There is an almost limitless variety to be found among these pieces: profound, soaring Latin motets and masses, brilliant virtuoso pieces, and straight-to-the-point communicative settings of English texts. Thomas Tallis and William Byrd were undoubtedly the towering figures of this era, but a number of English composers were also engaged in building this world of English polyphony. This morning, you will hear Richard Farrant's *Lord, for Thy Tender Mercy's*, a charming, humble and straightforward English motet. During his life, Farrant successfully straddled two passions: he established himself as both successful composer and playwright. He became a Gentleman of the Chapel Royal (court composer, organist and choirmaster) and founded the first Blackfriars Theatre.

### Note from our Minister of Music:

This morning, Jane Ring Frank and Stephen Cole are celebrating the Quinceañera (15<sup>th</sup> birthday) of their best friends' daughter, Victoria Kepler. You might remember Johanna Kepler, who shared a beautiful liturgical dance in Ripley Chapel last spring. Vicky is Johanna's little sister – both girls adopted from Guatemala. Jane is emceeding/facilitating the ceremony portion of the festivities. And Steve is singing! Many thanks to Jeffrey Mead for so ably holding down the fort.

## News & Upcoming Events

### Let's Talk About Mental Health

A community conversation will be held on Thursday, March 22 from 6 pm to 8 pm at the First Congregational Church in Winchester. Led by Representative Michael Day and Dr K. Mitchell of DMH, the focus will be youth and young adult mental health services. Consumer experiences will be shared along with updates on access to emergency services, recovery resources and advocacy groups. Open to the public, this informative program is free of charge. A light meal is provided. For additional inquiry, contact Health Minister Kathleen Zagata at [Kathleenzag@gmail.com](mailto:Kathleenzag@gmail.com) or 781 729-9180 ext:106.

### Health Ministry Lenten Challenge: Adopt a Forty Day Health Habit

Cultivate an attitude of gratitude. Write one, quick text first thing each morning thanking or expressing gratitude to a person in your life.

### Mission Trip to Puerto Rico:

**August 4 to August 10**

Our church community is going to Puerto Rico this summer to help in the rebuilding effort. We welcome you to join us. Our mission trip adviser and guide is Experience Mission. We will be working in one of 3 possible locations: Isabela, Mayaguez or Cayey. We will be doing rebuilding: roofing, repairing drywall, painting and other house projects. Our lodging will be at a local church with sleeping quarters, bathrooms, private showers and kitchens. The cost to individuals will be \$300 and couples \$500. The Outreach Ministry is underwriting a significant portion of the expense. There will be scholarship money available for those who need it. **The sign up deadline is March 8.** We need at least 15 participants, so please prayerfully consider this service opportunity. Rev. Will will be the 'trip leader'. Speak with Rev. Judy or Rev. Will if you are interested in serving in this meaningful way.

### FCC Monthly Men's Group:

**Sunday March 4th, 7-9 PM, 4 Heritage Drive, Woburn (Paul and Lynne Rahmeier's house).**

All FCC men and their guests are welcome. We discuss matters that are personal and spiritual. Potluck beverages or snacks are welcome but not expected. Questions to [chris.noble@yahoo.com](mailto:chris.noble@yahoo.com).

### Tuesdays with Jesus:

**Tuesdays during Lent from 6:30-8pm**

Back by popular demand, we are holding "Tuesdays with Jesus" again this Lent in the Palmer and Tucker Rooms. We have a wonderful new slate of church members preparing to share how their faith intersects with their work. We'll begin with about 20 minutes of silent meditation/centering prayer from 6:30-7 in the Palmer Room and then move into the Tucker Room where we'll have a simple soup and bread supper while we listen to one of our 6 presenters. We hope you'll join us!

### Schedule for 2018 "Tuesdays with Jesus"

Date	Presenter	Topic
Tuesday, February 27	Doug Taylor	<i>Jesus and Oncology</i>
Tuesday, March 6	Susan Sawyer	<i>Jesus and Psychotherapy</i>
Tuesday, March 13	Marty Rozmanith	<i>Jesus and Construction</i>
Tuesday, March 20	Julianne Zimmerman	<i>Jesus and Venture capital</i>
Tuesday, March 27	John Montgomery	<i>Jesus and Human Trafficking</i>

### Talent Show

**Friday, March 16th from 6-830 PM in Chidley Hall**

The youth are hosting a talent show, which will include a baked potato bar and sundae bar (which will be inclusive to all those with most allergies). This is your opportunity to be a part by showcasing your talents. We are encouraging people of all ages to sign up to perform whatever talent they have (or think they have!). Email [ben.pulaski@gmail.com](mailto:ben.pulaski@gmail.com) or visit our website to sign up. Space is limited, so sign up as soon as you can.

The main part of the fundraiser is selling tickets to the event. For a suggested donation of \$20 per person (or \$50 for a family) you will gain access to the baked potato bar, the sundae bar, and the talent show. We are asking that as many people as possible to reserve their tickets before the event so that we have a rough estimate of how many will be there. Don't worry though! There will be some tickets sold at the door as well. To reserve your tickets, email [ben.pulaski@gmail.com](mailto:ben.pulaski@gmail.com)

If you have any questions, please reach out to Ben Pulaski ([ben.pulaski@gmail.com](mailto:ben.pulaski@gmail.com))